

LOMAC

'98' Special



2003
SIXSIXONE

First Name:..... Surname:.....
 Address:..... Male/Female:.....
 Date of Birth:.....
 City/Town:..... Club/Team:.....
 County:..... E-mail Address:.....
 Postcode:.....

Category (age at event counts)	Please Tick!	
Full Enduro (18-30) £23.00 (100k)	<input type="checkbox"/>	Fun Ride (16 and over) £18.00 (50k) <input type="checkbox"/>
Full Enduro (31+) £23.00 (100k)	<input type="checkbox"/>	Please note that 100k riders will be timed on a measured length of the course! 50k riders will not be timed!

Pasta Party
 If you are likely to be arriving to the event on the Sunday morning or will be dining elsewhere and won't require any Pasta on Saturday night then please note you will only have to pay £21.50. Your pasta party ticket will be sent to you in the post however along with your confirmation....
 Put it in a safe place because if you loose it you'll have to go hungry. Please tick the required box

Full Enduro Class	Fun Ride
Pasta <input type="checkbox"/> (£23)	Pasta <input type="checkbox"/> (£18)
No Pasta <input type="checkbox"/> (£21.50)	No Pasta <input type="checkbox"/> (£16.50)

Declaration
 I hereby apply to participate in the non-competitive Mountain Bike Marathon Enduro Event held on the 3rd August 2003 in Rhayader, Mid Wales. I agree that neither the organisers, nor their agent, officials, the land owner, sponsors and fellow riders shall be liable in any way, or in any circumstance for any damage, injury or loss to me or to my party that I may occur during in connection with or as a result of taking part in the event. I understand to abide by the rules of the promoter. I agree that I participate in the event entirely at my own risk and that I must ride in a manner which is safe for all others and myself. I also declare that I am of sound body and mind, that will ride within my capabilities and that the cycle I will ride in the event is in good working order and properly maintained.

Signed/Date:

How to get through it!!

- The 100k ride is for the more experienced rider so unless you have success fully completed 100k before we strongly advise you to go the 50k event.
- Parts of the course goes through farms and private land which is not normally open to cyclists so please do not attempt to ride the course before or after the event....Thank you!
- It's advised to arrive on the Saturday of the event to rest up and not miss the pasta party!
- No Cyclo-Cross bikes allowed and no tyres narrower than 1.5"
- Signing on will be from 12pm-8pm on Saturday and from 8am-9am on Sunday. Start is at 10am at the Rhayader Rugby club (it will be signed from Friday onwards).
- Don't forget that you are out in the Welsh hills so please bring a good tent and sleeping bag for Saturday night, warm clothing for the ride (wind or waterproof Is recommended), emergency tools and spares, enough water and sufficient food for in between the service stations.
- Helmets must be worn at all times..No Helmet, No Ride!!
- If your cheque has been cashed your entry has been accepted. Please send a S.A.E for your confirmation of entry or supply us with your email address.
- Entry for the event will close a week before the event.
- For accommodation and other information please contact the Rhayader Tourist Information on Tel: 01597 810591 via website www.tourism.powys.gov.uk or email rhayader.tic@powys.co.uk.

